

ANITA A. JOHNSTON, Ph.D.

P.O. Box 393 Kailua, Hawaii 96734
ph: (808)262-0398 fax: (808)261-4463 e-mail: DrAJ1@aol.com
www.aipono.com

CLINICAL PSYCHOLOGIST

Private Practice, Kailua, Hawaii

Co-founder & Director, Anorexia & Bulimia Center of Hawaii, 1982
Clinical Director, 'Ai Pono Intensive Outpatient Eating Disorders Program
Honolulu, Hawaii

PROFESSIONAL CERTIFICATION

Licensed clinical psychologist
State of Hawaii 1982 #PSY-233
State of Colorado 2001 #PSY-2566

EDUCATION

1978-1980 California School of Professional Psychology, San Diego, CA
Degree: Ph.D. Clinical Psychology
1976-1978 California School of Professional Psychology, San Diego, CA
Degree: MA Psychology
1974-1975 United States International University, San Diego, CA
Degree: MA Psychology
1970-1972 University of Colorado, Boulder, Colorado
Degree: BA Psychology
1968-1970 University of Guam, Mangilao, Guam
Major: Psychology

EMPLOYMENT

2001-present Clinical Director, 'Ai Pono Intensive Out-Patient Eating Disorder Program
Honolulu and Maui, Hawaii
1982-present Director, Anorexia & Bulimia Center of Hawaii, Kailua, Hawaii
1981-1982 Clinical Psychologist, Children's Team, Kalihi-Palama Counseling
Service, Honolulu, Hawaii
1980-1981 Post-doctoral Psychology Intern, Women's Way, Salvation Army
Addiction Treatment Facility, Honolulu, Hawaii
1980 Psychology Intern, Loma Portal Children's In-Patient Facility,
San Diego County Mental Health Services, San Diego, CA
1979-1980 Psychology Intern, North Inland Adult Out-Patient Services,
Escondido, CA
1978-1979 Psychology Intern, Family Services Association of San Diego County,
El Cajon, CA
1977-1978 Psychology Intern, Mid-City Community Clinic, San Diego, CA
1977 Psychology Intern, Harmonium, Inc., San Diego, CA
1973-1974 Psychiatric Social Worker and Therapist, Guam Community Mental

Health Center, Tamuning, Guam

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**PROFESSIONAL
PRESENTATIONS**

- 2007 Keynote Speaker, Until Your Heart's Content, Vancouver, Canada
- 2007 Keynote Speaker, Dreams of Every Size Conference, Bridgepoint Eating Disorder Center, Saskatchewan, Canada
- 2007 Keynote Speaker, Love Your Body Show, Winston-Salem, NC
- 2007 Keynote Speaker, University of California, Davis, Celebrate Your Body Week, Davis, CA
- 2006 Keynote Speaker, Women's Wellness Conference, Finding Freedom From Food, Fat, and Dieting, University of California, Irvine, School of Medicine, Newport Beach, CA
- 2006 Keynote Speaker, Empowering the Soul: Finding Meaning in Recovery, SUMMIT Symposium, Sacramento, CA
- 2006 Professional Training, South Pacific Private Hospital, Sydney, Australia
- 2005 Closing Ritual, Renfrew Foundation Conference, *Voices From Within*, Philadelphia, PA
- 2005 International Association of Eating Disorders Professionals, *Decoding the Language of the Eating Disorder*, Miami, FL
- 2005 Professional Workshop, *Working With Eating Disorders: Hope, Change & Healing*. Sydney, Australia
- 2005 Keynote Speaker, University of Colorado, *Body Acceptance Month*, Boulder, CO
- 2005 Professional Training Workshop, The Elisa Project Symposium, *Using Metaphor & Storytelling to Create Change and Healing with Eating Disorders*, Dallas, TX
- 2005 Guest Speaker at *Love Your Tree*, a V-Day project, in conjunction with Eve Ensler's Broadway play, *The Good Body*. New York City, NY
- 2004 Renfrew Foundation Conference, *Hunger and Severe Obesity*, Philadelphia, PA
- 2004 Weekend Workshop, *Tending the Feminine Soul*, Austin, TX
- 2004 Keynote Speaker, Summit Eating Disorders Symposium, *Healing the Soul: What All Clinicians Need to Know About Eating Disorders*, Sacramento, CA
- 2004 Professional Training Weeklong Workshop, *Tending the Feminine Psyche*, Big Island of HI
- 2004 International Association of Eating Disorders Professionals, *A Multidisciplinary Approach to the Treatment of Severe Obesity*, Las Vegas, NV
- 2004 Professional Training Retreat Workshop, *Tending the Feminine Psyche*, Omega West, Austin, TX
- 2004 Keynote Speaker, EDIN & Ridgeview Institute, *Soul Hunger*, Atlanta, GA
- 2003 Closing Address, International Association of Eating Disorders Professionals Symposium, *The Healing Power of Storytelling*, Washington DC
- 2003 Keynote Speaker, EDIN (Eating Disorder Information Network), *Listen to Your Body Week* Atlanta, GA
- 2003 Professional Training Workshop, Ridgeview Institute, *Understanding & Treating Eating Disorders* Atlanta, GA

2002 Renfrew Foundation Conference, *Round Pegs & Square Holes: Body Image and the Feminine Principle*, Philadelphia, PA
2002 Professional Training Weeklong Retreat, *Tending the Feminine Psyche*, Big Island of Hawaii
2002 International Association of Eating Disorders Professionals Symposium, *Eating Disorders and the Menstrual Cycle*, Las Vegas, NV
2002 Professional Training Workshop, *Eating Disorders & Other Co-addictions*, Maui, HI
2001 International Association of Eating Disorders Professionals Symposium, *Use of the Feminine Principle for Understanding & Treating Eating Disorders and Working with Eating Disorders: the Middle Phase of Treatment*, San Diego, CA
2001 Keynote speaker, The Christy Henrich Foundation *Keeping the Balance*, Kansas City, MO
2001 Professional Training Workshop, The Christy Henrich Foundation, Kansas City, MO

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PROFESSIONAL PRESENTATIONS (continued)

2001 Keynote speaker, University of Nebraska, *Celebrating Every Body Conference*, Lincoln, NE
2001 Staff Training Workshop, University of Nebraska, *How Can I Help?* Lincoln, NE
2001 Eating Disorders Awareness Week, University of Colorado, *Eating in the Light of the Moon*, Boulder, CO
2001 Renfrew Foundation Conference, *Maidens & Moontime: Exploring the Relationship Between Menarche and Eating Disorders*, Philadelphia, PA
2000 Community Education Seminar, Wilcox Memorial Hospital, *Breaking Free From Struggles With Food, Fat, and Dieting*, Kauai, HI
2000 International Association of Eating Disorders Professionals Symposium, *Understanding Disordered Eating Across the Lifespan*, Orlando, FL
2000 Summit for Clinical Excellence Conference, *Understanding Disordered Eating Through Metaphor*
Los Angeles, CA
1999 Renfrew Foundation Conference, *Creating Change & Healing for Women with Disordered Eating Through Metaphor, Dreams, and Stories*, Philadelphia, PA
1999 Keynote address, International Association of Eating Disorders Professionals, *Eating in the Light of the Moon: Understanding Metaphors and Disordered Eating*, Phoenix, AZ
1998 Renfrew Foundation Conference, *Understanding Disordered Eating Through Metaphor and Storytelling*, Philadelphia, PA
1997 Conference for the Pacific Institute of Chemical Dependency, *Disordered Eating Issues in Addiction*
Honolulu, HI
1996 Kaiser Permanente Conference on Morbid Obesity, *Compulsive Eating Disorders in Women*
Honolulu, HI

PUBLICATIONS

Eating in the Light of the Moon: How Women Can Transform Their Relationships with Food Through Myths, Metaphors, and Storytelling, Carol Publishing, New York, 1996
Gurze Books, Carlsbad, CA 2000

Die Frau, die im Mondlicht aB Scherz Verlag, Germany, 1997 Knaur, Germany, 2002

Eten in het schijnsel van de maan Becht, Amsterdam, Netherlands, 1998

Eating in the Light of the Moon, Korean translation, Nexus Press, 2003

The Power of Storytelling, The Renfrew Perspective Journal, Winter 2002

Wisdom Tales: Using Storytelling Traditions to Understand and Treat Eating Disorders, Georgia Psychological Association Journal, Spring 2004

Eating Disorders As Messengers of the Soul in Mijares & Khalsa (Eds.) *The Psychospiritual Clinician's Handbook: Alternative Methods for Understanding and Treating Mental Disorders*, The Haworth Press, New York, 2005

The Ethnic Identity Experience of Chamorro Women, unpublished doctoral dissertation, California School of Professional Psychology 1980

OTHER EXPERIENCE

Developed Hawaii's first inpatient eating disorders treatment program at Kahi Mohala Psychiatric Hospital, 1986.